

	№1	№2	№3	№4	№5	№6	№7	№8	№9	№10
Первая неделя										
Занятие 1-1	x	x	x							
Занятие 1-2				x		x				
Занятие 1-3							x	x	x	
Занятие 1-4	x	x								x
Занятие 1-5			x	x	x					
Вторая неделя										
Занятие 2-1	x	x	x							
Занятие 2-2				x	x	x				
Занятие 2-3							x	x	x	
Занятие 2-4	x	x								x
Занятие 2-5			x	x	x					
Третья неделя										
Занятие 3-1	x	x	x							
Занятие 3-2				x	x	x				
Занятие 3-3							x	x	x	
Занятие 3-4	x	x								x
Занятие 3-5			x	x	x					
Четвертая неделя										
Занятие 4-1	x	x	x							
Занятие 4-2				x	x	x				
Занятие 4-3							x	x	x	
Занятие 4-4	x	x								x
Занятие 4-5			x	x	x					
Конец										

Exercise 10

Standard tuning

Moderate ♩ = 120

S-Gt

TAB

TAB

TAB

Alternate Picking Course

Warm Up 2

Moderate ♩ = 120

S-Gt

1

6 5 7 6 8 7 4 7 | 5 4 6 5 7 6 3 6

3

4 3 5 4 6 5 2 6 | 3 2 4 3 5 4 2 5 | 3 2 4 3 5 4 1 5

6

2 1 3 2 4 3 4 5 | 3 4 2 3 6 2 5 6 | 4 5 3 4 6 3 5 6

9

4 5 3 4 7 3 6 7 | 5 6 4 5 8 4 7 8 | 6 7 5 6 9 5 8 9

12

7 8 5 6

Exercise 8

Standard tuning

Moderate ♩ = 80

S-Gt

1

f

10-12-13 | 10-12-10 | 13-12-10 | 13-12-10 | 12-9-10 | 12-10-9 | 10-7-9 | 10-9-7

2

9-6-7-9 | 7-6-7-9-10 | 7-9-10 | 9-10-12 | 9-10-12 | 9-10-12 | 10-12-13

3

10-12-13 | 10-12-13 | 12-13-15 | 12-13-16 | 13-12 | 15-13-12 | 12-13-15 | 12-13-16

4

T T

19-22-19-16-13-12 | 15-13-12 | 12-13 | 14

Exercise 9

Standard tuning

Moderate ♩ = 80

S-Gt

TAB

2 3 5 3 2 3 5 7 3 5 7 5 3 5 7 9

2

TAB

5 7 9 7 5 4 5 7 5 4 7 5 3 7 5 3

3

TAB

2 3 5 3 2 3 5 7 4 5 7 5 4 5 7 9

4

TAB

5 7 9 7 5 4 5 7 5 4 7 5 4 7 5 4

5

TAB

2 4 5 4 2 4 5 7 4 5 7 5 4 5 7 9 7 8 10 8 7 5 7 8 7 5 7 5 4 7 5 4

7

TAB

2 4 5 4 2 4 5 7 5 7 8 7 5 7 8 10 7 8 10 8 7 8 10 11 12

Warm Up 1

Standard tuning

Moderate ♩ = 120

S-Gt

TAB

5 3 1 4 2 5 3 1 4 2 5 3 1 4 2

3

TAB

5 3 1 4 2 5 3 1 4 2 6 4 2 5 3 6 4 2 5 3

5

TAB

6 4 2 5 3 6 4 2 5 3 6 4 2 5 3 6 4 2 5 3

Exercise 3

Moderate ♩ = 160

S-Gt

TAB

7-8-10 7-9-10 9-10-12 9-10-12 10-12-14 11-12-14

TAB

12-14-16 13-15-17 15-17-19 15-17-19

Exercise 4

Moderate ♩ = 160

S-Gt

TAB

8-10-12 8-12-10 8-10-12 8-10-12 8-10-12 9-12-10 8-10-12 9-10-12

TAB

9-10-12 9-12-10 9-10-12 9-10-12 9-10-12 10-12-10 9-10-12 10-12-13

TAB

10-12-13 13-12 10-12-13 10-12-13

Exercise 6

Standard tuning

Moderate ♩ = 120

E-Gt

TAB

8-12-8-0 8-12-8-0 7-10-7-0 7-10-7-0

TAB

5-8-5-0 5-8-5-0 4-7-4-0 4-7-4-0

TAB

8-12-8-0 8-12-8-0 7-10-7-0 7-10-7-0 5-8-5-0 5-8-5-0 7

TAB

0-3-6-0 6-9-0 9-12-0 12-15

TAB

0-15-18 11-14-11 8-11-8 5-8-5 2-5-2

Exercise 7

Standard tuning

Moderate ♩ = 80

S-Gt

TAB

14-10-12-14-12-10-9-10-12-10-9-12-9-10-12-10-9-11-7-9-11-9-7-6

7-9-7-6-9-6-7-9-7-6-9-5-7-9-7-5-4-5-7-5-4-7-4-5

7-5-4-9-5-7-9-7-5-9-5-7-9-7-5-11-7-9-11-9-7-11-7-9

14-10-12-14-12-10-14-10-12-14-12-10-11-9-7

Exercise 1

Standard tuning

Moderate ♩ = 160

S-Gt

TAB

12-13-15-12-15-13-12-13-15-12-15-12-15-13-12-13-15-12

14-15-14-12-15-13-12-(12)

Exercise 2

Standard tuning

Moderate ♩ = 160

S-Gt

TAB

7-9-10-7-9-10-8-10-12-8-10-12-13-12-10-13-12-10-12-10-9-12-10-9

17

TAB

12-13-15 12-14-15 13-15-16 13-15-17 13-15-17 14-15-17 14-16-17

21

TAB

15-17-18 15-17-19

Exercise 5

Standard tuning

Moderate ♩ = 90

κάθού 1

S-Gt

TAB

5-9-5-7-9-7-5-4-5-7-5-4 7-5-4-5-7-9

κάθού 2 (Emaj)

TAB

16-12-14-16-14-12 14-11-12-14-12-11 13-9-11-13-11-9 11-8-9-11-9-8

TAB

9-5-7-9-7-5 7-4-5-7-5-4 9-5-7-9-7-5 10-7-9-10-9

TAB

11-8-9-11-9-8 13-9-11-13-11-9 14-11-12-14-12-11 16-12-14-(14)-(14)-(14)

6

13 11 12 10 12 10 16 14 9 11 9 11 9 11 9 11

7

9 11 7 8

Exercise 6

Standard tuning

Moderate ♩ = 160

S-Gt

18 20 22 18 22 18 20 22 20 18 17 18 20 18 17 20 18 16

4

15 16 18 15 18 15 17 18 17 15 13 15 17 15 13 16 15 13

7

11 13 15 11 15 11 13 15 13 11 10 11 13 11 10 13 11 10

10

8 10 11 8 11 8 10 11 10 8 6 8 10 8 6 10 8 6 4 6 8 5 8 5

14

6 8 6 5 3 5 6 5 3 6 4 3 4 6 8 5 8 5 6 8 6 5 6 8

Exercise 9

Standard tuning

♩ = 120

E-Gt

17 — 15 — 17 — 13 — 17 — 12 — 17 — 15

17 — 14 — 17 — 15 — 17 — 12 — 17 — 13

3 17 — 17 — 17 — 17 — 14 — 17 — 15 — 17 — 14 — 17 — 15 — 17 — 12 — 17 — 5

Exercise 2

Standard tuning

Moderate ♩ = 120

S-Gt

17 — 15 — 17 — 13 — 17 — 12 — 17 — 15

17 — 14 — 17 — 15 — 17 — 12 — 17 — 13

3 17 — 17 — 17 — 17 — 14 — 17 — 15 — 17 — 14 — 17 — 15 — 17 — 12 — 17 — 5

5 — 6 — 5 — 7 — 5 — 8 — 5 — 7 — 5 — 7 — 6 — 8 — 6 — 7 — 6 — 8

7 — 4 — 5 — 7 — 5 — 4 — 8 — 5 — 7 — 8 — 7 — 5 — 10 — 7 — 8 — 10 — 8 — 7 — 12 — 8 — 10 — 12 — 10 — 8

5 — 7 — 8 — 7 — 5 — 5 — 6 — 8 — 6 — 5 — 5 — 7 — 8 — 7 — 5 — 5 — 6 — 8 — 6 — 5 — 5 — 7 — 8 — 7

5 — 5 — 6 — 8 — 6 — 5 — 4

16 3 10 8 6 10 8 6 8 10 11 8 11 8 10 11 10 8 10 11

17 13 11 10 13 11 10 11 13 15 11 15 11 13 15 13 11 13 15

18 17 15 13 16 15 13 15 16 18 15 18 15 17 18 17 15 17 18

19 20 18 17 20 18 16

Exercise 4

Standard tuning

Moderate ♩ = 120

28 5 7 5 7 5 7 5 7 8 6 8 6

29 6 6 8 6 8 6 8 6 5 7 5 7 5 7 5 7

30 5 7 5 7 8 6 6 6 8 6 8 6 8 6 8 6

31 7 9 7 9 6 8 5 7 5 7 4 6 8 6 9 7

32 9 7 10 8 11 9 12 10 9 11 9 11 10 12 9 11

Alternate Picking

Standard tuning

Moderate ♩ = 120

S-Gt

TAB

7 5 7 8 5 7 8 5 7 9 7 9 10 7 9 7 9 10 7 10 7 9

4x 4x 4x 4x

TAB

10 7 9 10 7 8 10 9 10 7 10 9 10 7 10 9 10 7 10 9 10

4x 4x 4x

TAB

8 10 9 10 7 10 9 10 7 10 9 10 7 10 9 10 5 9 7 9 5 9 7 9

10

TAB

3 5 7 5 4 7 5 7 8 10 9 10 7 10 9 10 7

13

TAB

16 14 12 14 16 14 12 14 16 14 12 14 16 14 12 14

16

TAB

12 11 9 11 12 11 9 11 11 9 7 9 11 9 7 9 11 9 7

Exercise 1

Standard tuning

Moderate ♩ = 120

S-Gt

TAB

1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4

3

TAB

1 2 3 4 1 2 3 4 5 4 3 2 5 4 3 2 5 4 3 2 5 4 3 2

6

TAB

5 4 3 2 5 4 3 2 1 3 2 4 1 3 2 4

9

TAB

1 3 2 4 1 3 2 4 1 3 2 4 1 3 2 4 5 3 4 2 5 3 4 2

12

TAB

5 3 4 2 5 3 4 2 5 3 4 2 5 3 4 2

Measures 15-21 of a guitar piece. The score consists of a treble clef staff with a key signature of one sharp (F#) and a common time signature. The melody is written in eighth and sixteenth notes, often beamed together. Below the staff is a six-line guitar tablature (TAB) with fret numbers and picking directions (V for downpick, ^ for uppick). Measure 15 starts with a repeat sign. Measures 16-18 contain complex rhythmic patterns with many beamed notes. Measure 19 has a repeat sign. Measure 20 continues the melodic line. Measure 21 ends with a double bar line.

Exercise 10

Standard tuning

$\text{♩} = 138$

Exercise 10 for guitar in standard tuning. The score is in 4/4 time with a key signature of one sharp (F#). It consists of five systems, each with a treble clef staff and a six-line guitar tablature. The first system starts with a treble clef staff showing a melody of eighth notes and a TAB staff with fret numbers and a dynamic marking of *f* (forte). The second system continues the melody with more complex rhythmic patterns. The third system features a key signature change to one sharp (F#) and continues the melodic line. The fourth system shows a key signature change to two sharps (F# and C#) and continues the melody. The fifth system concludes the exercise with a final melodic phrase and a double bar line.

32

T
A
B

0 3 5

0 2 4 0 4 5 0 5 7 0 7 9 0

4 5 0 5 7 0 7 9 0 9 10 0 10 12 0 12

34

T
A
B

14 0 14

12 11 12 12

Legato

Course

